



Curriculum Vitae

Theresa von Zadow - Executive Coach

Theresa is managing partner of the office VON ZADOW INTERNATIONAL near Berlin. She has been working for over 20 years as an executive coach, management trainer and consultant with executives in mostly internationally operating companies, on-site and online. Focus of her office: Action-oriented change processes. Shaping change, finding solutions. Individual, virtual, at the organizational level and in public space.

Theresa wants to help people grow. As a coach, she supports her clients in stepping out of their own comfort zone and shaping their environment instead of surrendering to it. At the organizational level, she works with teams and decision makers on how to reconcile the purpose of the organization 'WHY?', with 'HOW?' and 'WHAT?'.

It is a matter close to Theresa's heart to open up new possibilities for her clients from a deep inner experience through mindfulness and to allow them to flourish using the rich approach of positive psychology. Current focus of her work is the support of international high potential groups as well as C-level coaching in medium-sized companies and international corporations.

Theresa is a member of the coaching associations DBVC and IOBC as well as a member of the international CoachSource network. In her spare time, she is an enthusiastic gardener, initiates with a group of like-minded people the installation of a community wind turbine and likes to sing with her family.



Theresa von Zadow

Executive Coach

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Qualifications

- University degree in Maths and German, RWTH Aachen
- Certification 'Problem Solving & Decision Making', Kepner Tregoe
- Certification as 'Systemic Coach', IFW, Munich
- Senior Coach, DBVC and IOBC
- Executive Coach, CoachSource
- Embodied Life Mentorship Program
- Acceleration Implementation Methodology, AIM, Chicago/London
- Management 3.0
- Design Thinking
- Positive Psychology
- Mindfulness in Organizations

Professional Experience

- Project Lead SW Development Siemens, München, 1989-94
- Senior Mgr. SW Development, Siemens, Bangalore, 1994-96
- Regional Training Mgr. South East Asia, Siemens AG, 1997-98
- Teaching Trainer Coaching, IFW München, 1998-2009
- Lecturer Leadership & Change Management, HTW Berlin, 2010-11

Selection of Customers

Ebay, Fraunhofer Gesellschaft, GP Strategies, Microsoft, mst group, Roche Group, Schindler AG, Siemens AG, Siemens Healthineers, Siemens Energy, TechniData IT Service, Oracle, University of St. Gallen, Westinghouse Power Corporation, Wyeth Pharma, TEBIS AG, National Instruments.